

+ Flowers are known to make people feel happy and have a positive impact on social behaviour.



Pay less for health insurance

As an employee of New Zealand Defence Force you get a discount on premiums for health insurance.

Getting cover for you and your family may cost less than you think.

| Pay from | For |
|---------------|---|
| \$3.50 a day* | Two 30 year olds on a Wellbeing Two policy (\$500 excess) with healthy lifestyle and direct debit discounts included. |
| \$4 a day* | Two 35 year olds with two or more children on a Wellbeing One policy (\$500 excess) with healthy lifestyle and direct debit discounts included. |
| \$5 a day* | Two 45 year olds with two or more children on a Wellbeing One policy (\$500 excess) with healthy lifestyle and direct debit discounts included. |

*Terms, conditions and exclusions apply – see policy documents for details. Prices valid until 31 July 2016.

Choosing a plan is easy

We can help you find the right plan to suit your lifestyle and needs – to cover not just the big stuff like surgery but smaller stuff like visits to the dentist or GP too.

Joining is easy



Apply over the phone

Contact your local consultant on 0800 GET COVER, Monday to Friday, 8am – 5pm



Apply online

Complete an online application form at southerncross.co.nz/apply-now



Arrange a free consultation

Contact us on: 0800 800 181
Email: getcover@southerncross.co.nz